

# 1. What can I do on WhatsApp?



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- WhatsApp is an instant messaging app.
- Send messages, images and videos.
- You message one to one or a group.
- You can video chat with a contact.
- You can voice record a message.
- You can share your live location for up to 8 hours.

How can I keep safe?

Be aware!

- Group chats can be used to bully people.
- It can be addictive.
- Anyone can send and share inappropriate video or images.
- You can't report messages
- Anyone with your number can send you a WhatsApp
- You can block people.
- It's free over WiFi or mobile data so hard to restrict usage.

## 2. What can I do on Instagram?



Set privacy settings for videos and pictures on your profile.

- Instagram is a free photo and video sharing app.
- You can upload photos or videos.
- Share them with their followers.
- Share with a select group of friends only.
- Photos or videos also be viewed, commented and liked posts shared by friends and followers.
- Anyone 13 and older can create an account by registering.

How do I keep safe?

Be aware of grooming, cyberbullying & oversharing.

- Unfollow or block someone sharing uncomfortable videos or photos.
- Report anything that is against Instagram rules
- Check if your account is private (friends) or public.
- Report bullying, harassment or trolling.
- Remove unwanted comments.
- Make sure you are comfortable sharing your photos and videos.
- Never do anything that feels uncomfortable. Seek help.

### 3.What can I do on Facebook



Set privacy settings for videos and pictures on your profile.

- Share and comment on photos,
- Send text messages,
- Post and watch and comment on videos,
- Comment on your friend's profile pages
- Stream video live using Facebook Live
- Update status posts and feelings
- Maintain a friends list
- Interactive online chat

How do I keep safe?

Be aware of grooming, cyberbullying & oversharing.

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- Set privacy setting for your content profile and photos.
- Only friends of friends can friend you.
- Control who sees what on your profile.
- Check who can see your address and phone number.
- Change who can find you on Facebook via search.

- Don't share personal info with unknown applications.
- Block users and report posts if you feel uncomfortable.

## 4. Youtube



### What can I do on YouTube

#### Be aware of inappropriate content

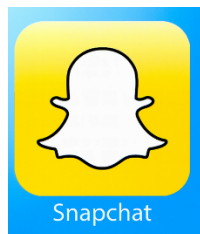
- Watch create and comment on videos.
- Create your own YouTube account,
- Create a music playlist, and even
- Create your own channel
- Have a public profile. Live stream.

#### How do I keep safe?

1. People can write mean comments
  2. You can see content that's inappropriate
  3. There are a lot of adverts.
  4. YouTubers can be negative.
- Check the videos yourself.
  - But be thorough.
  - Turn on restricted mode.
  - Set up a family account.
  - Make a playlist.

- Use an alternative site.
- Keep the computer in view.
- Monitor their uploads.

## 5. What can I do on Snapchat



Send images to your friends, and once it's viewed, it's gone forever!

Be aware you can screenshot any message

- Users “Snap” a photo, video and send it to a friend.
- Add a text message or fun filter
- Choose how long the message will appear,
- Choose who you will send the message to
- Once the message is viewed, it is deleted\*
- Post Snapchat stories; photos and videos can be viewed by all for 24 hours.
- Once every day, a user can choose to replay a video message.

Keeping safe on Snapchat

- Don't add people you don't know to your friends list.
- Block strangers who try to contact you.
- Don't send inappropriate snaps.
- Keep your location private.
- Don't give out personal information over Snapchat.
- Be honest about your age.

- You can report abuse or a story to Snapchat.
- You can block or remove friends.
- Set privacy so only friends can contact or view me.